

Sample of a weekly schedule in Lindenberg – Intensive course 30

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:15 - 08:25			Breakfast				
08:30 - 10:00	Class						
10:00 – 10:30	Break – Fruit basket					Fullday excursion to Munich (packed lunch): Visiting the "Deutsches	
10:30 – 12:00	Class						Brunch (10:00–14:00)
12:00 – 12:15	Break						
12:15 – 13:00	Class Weekly Test						Cleaning the rooms
13:00 – 14:00	Lunch						Outdoor climbing wall or yoga
14:15 – 15:00	Class	Class	Halfday excursion to Ravensburg:	Class	Hiking tour around	Museum" City tour free time	
15:00 – 15:45							"Welcome Day" funny games
16:00 – 17:00	Mountain biking*** or miniature golf	City walk **	Visiting the Humpis Quartier	City walk **	Lindenberg***	(~ 1 hour)	to get to know each other in- and outdoor
17:00 – 18:00	minatare gen	City Walk	City rally	City walk			
18:00 – 19:00	Dinner			Din	nner		Dinner
19:00 – 20:00	Homework		Dinner	Homework		Dinner	Homework
20:00 – 21:00	Handicrafts: batik arts	School rally	Homework	Handicrafts: creating bracelets out of perls	School disco create your	Workshop: juggling	Billiard, darts and
22:00	or volleyball	with different kind of exercises	Zumba or board games	or soccer	own non-alcoholic cocktails	walking on stalks or	ping-pong
23:00	Night rest					handicrafts: soap stones	Night rest
00:00	Night rest						

Please note that free-time activities vary from week to week, i.e. they do not follow standardized leisure programs. Activities depend on the student's interests and the weather conditions. Most of the free-time activities like basketball, volleyball, badminton, football, table tennis, darts, handicrafts and workshops, etc. are pursued on the school's premises.

** In small groups with sign out and -in ***off campus